

RESULTAT LISTE Enebaakk rundt 1. mai 1984 - arr. HERO

SIDE: 1

| Klasse | Klubb | Tid |
|---------------|---------------------------|------------------------------|
| Klasse K16-19 | 1. Siv Horten | Hero 2:22:25.00 |
| | 2. Vibeke Christensen | Hero 2:35:12.00 |
| | 3. Vibeke Martinsen | Hero 2:37:25.00 |
| | 4. Ingunn Andersen | Hero 2:48:05.00 |
| | 5. Anne Löväsen | O.I. 2:53:15.00 |
| | 6. Catrine Nordtug | Hero 3:07:41.00 |
| Klasse K20-24 | 1. Gjertrud Bø | Askim I.F. 2:17:22.00 |
| | " Anne Cathrine Andersen | Ullensaker 2:17:22.00 |
| | 3. Edith Kalve Barckeland | Hero 2:29:44.00 |
| | 4. Ase Stensrud | Grand Hotel 2:33:37.00 |
| | 5. Anita Weinholdt | Bingstoss S.K. 2:39:31.00 |
| | 6. Marit Navardesteier | Grand Hotel 2:55:38.00 |
| Klasse K25-29 | 1. Frøydis Kristiansen | Askim I.F. 2:13:19.00 |
| | 2. Anne Marie Ova | RYE 2:33:32.00 |
| | 3. Karin Langbekk | Grand Hotel 2:33:37.00 |
| | 4. Hild Lysaker | 2:41:29.00 |
| Klasse K30-34 | 1. Liv Foss | Ullensaker 2:01:06.00 |
| | 2. Jorun Frantzen | RYE 3:08:44.00 |
| Klasse K35-39 | 1. Anne Sofie Eriksen | RYE 2:33:42.00 |
| | | |
| Klasse K40-44 | 1. Wenche Christensen | Hero 2:44:26.00 |
| | 2. Ruth Ring | RYE 3:50:33.00 |
| Klasse K45-49 | 1. Janniche Schanche | Vinnemopoleet 2:26:35.00 |
| | 2. Elin Fossum | An.Thorbjørnsen & 3:03:30.00 |
| Klasse M16-19 | 1. Trond Frosting | Lövenskog C.K. 2:00:26.00 |
| | " Lars Wilskog | Nittedal C.K. 2:00:26.00 |
| | " Richard Hauga | RYE 2:00:26.00 |
| | 4. Yngve Finkenhamn | Hero 2:01:06.00 |
| | " Andre Schau | Hero 2:01:06.00 |
| | " Vegard Christensen | Hero 2:01:06.00 |
| | " Sture Kristiansen | Hero 2:01:06.00 |
| | " Lars Bergersen | Hero 2:01:06.00 |
| | 9. Fred Magne Hval | ASK Skøyteklubb 2:02:50.00 |
| | " Geir Lynne | Follo Sykkeklubb 2:02:50.00 |
| | 11. Roger Mathisen | Raufoss 2:08:19.00 |
| | 12. Tony Bjerke | Raufoss 2:08:59.00 |

Resultatservice ved Stein Kristiansen Torsvei 188, 3472 Dalbø, Tlf. (02) 792941

RESULTAT LISTE ebakk rundt 1. mai 1984 - arr. HERO

SIDE: 2

| | | |
|--------------------------|------------------------------------|-----------------------------|
| 13. Knut Pedersen | L.C.K. 2:12:14.00 | |
| 14. Roif Arne Bekkensten | Strømmen I.F. 2:16:45.00 | |
| 15. Johan Koss | 2:17:14.00 | |
| 16. Bjørn Erik Rustad | 2:19:15.00 | |
| " Per Kr. Hove | 2:19:15.00 | |
| 18. Kåre Andre' Hestvik | RYE 2:19:15.00 | |
| 19. Fetter Føyen | Hero 2:21:39.00 | |
| 20. Erik Høiskar | Strømmen I.F. 2:22:25.00 | |
| 21. Svein Erik Carlisen | Norgas 2:24:50.00 | |
| 22. Henning Hagen | RYE 2:25:30.00 | |
| 23. Kai Vikvam | Nittedal C.K. 2:26:15.00 | |
| 24. Stian Dragseth | Bingstoss 2:27:42.00 | |
| 25. Eyvind Johansen | 2:28:51.00 | |
| 26. Nils Einar Aas | 2:31:06.00 | |
| 27. Tor Fossum | 2:35:42.00 | |
| 28. Anders Erikum | 2:53:32.00 | |
| 29. Jostein Mathisen | 3:30:50.00 | |
| Klasse M20-24 | 1. Aasmund Drolsum | Nittedal C.K. 2:00:26.00 |
| | " Gunnar Dynna | Nittedal C.K. 2:00:26.00 |
| | 3. Morten Dyrkorn | Hero 2:01:06.00 |
| | 4. Hans P. Stenberg | Follo Sykkeklubb 2:03:50.00 |
| | 5. Dagfinn Gaarder | RYE 2:05:45.00 |
| | " Rune Solli | 2:05:45.00 |
| | " Morten ødelien | RYE 2:05:45.00 |
| | 8. Øyvind Antonsen | Bingstoss 2:07:30.00 |
| | 9. Arne Nekvitne | Follo Sykkeklubb 2:08:02.00 |
| | 10. Kim Fjellstad | Bækkelaget 2:10:11.00 |
| | 11. Espen Enger | 2:11:18.00 |
| | 12. Nils Henning Isaksen | Hero 2:13:21.00 |
| | 13. Bjørn Stokkeland | Gjøvik C.K. 2:16:35.00 |
| | 14. Ole Löväsen | O.I. 2:17:14.00 |
| | 15. Geir Lyngås | Hero 2:17:22.00 |
| | 16. Jan Erik Gåsvær | 2:22:25.00 |
| | 17. Nils Erik Aas | Nesodden I.F. 2:23:37.00 |
| | " Esben Karlisen | Sagane I.F. 2:23:37.00 |
| | 19. Thor Johannessen | Hero 2:24:23.00 |
| | 20. Frank Sørensen | 2:27:30.00 |
| | 21. Øystein Myrvoll | Gol 2:27:30.00 |
| 22. Aavald Kaasa | 2:27:30.00 | |
| 23. Thor Inge Tollehaug | Grand Hotel 2:31:14.00 | |
| 24. Yngvar Egge | 2:32:01.00 | |
| 25. Albert Frøyen | 2:32:03.00 | |
| 26. Jo Aastorp | 2:34:34.00 | |
| 27. Jan Svoren | 2:35:42.00 | |
| 28. Øyvind Johansen | Gilde B.I.L. 2:35:50.00 | |
| 29. Roy Midtsjø | Frøy 2:39:43.00 | |
| 30. Trond Fritsseth | 1300 Sandvika 2:45:42.00 | |
| 31. Claus Konderup | 2:46:53.00 | |
| 32. Truls Wold | 2:50:49.00 | |
| 33. Kjell Fetteresen | Freia 2:54:01.00 | |
| 34. Anne Lien | Finstads Autoco A/FOBIL 2:59:47.00 | |
| Klasse M25-29 | 1. Kjell Henriksen | Postgjøro 2:00:26.00 |
| | 2. Fetter Fausko | Airspeed 2:01:06.00 |

Resultatservice ved Stein Kristiansen Torsvei 188, 3472 Dalbø, Tlf. (02) 792941

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|-----|---------------------|--------------------|------------|
| " | Asbjørn Wexsahl | Hero | 2:01:06.00 |
| " | Trond Kristensen | Hero | 2:01:06.00 |
| " | Vidar Syversen | Hero | 2:01:06.00 |
| 6. | Thor Gustafsson | Follo Sykkeklubb | 2:03:50.00 |
| 7. | Håvard Julner | Hero | 2:04:11.00 |
| 8. | Helge J. Nybakken | I.F. Sturla | 2:06:06.00 |
| 9. | Tormod Myhre | Follo Sykkeklubb | 2:08:02.00 |
| 10. | Arve Kaland | Raufoss | 2:09:04.00 |
| 11. | Nils M Jensen | Raufoss | 2:11:18.00 |
| 12. | Jon Høyve | sagane | 2:11:45.00 |
| " | Erik Håkenesen | sagane | 2:11:45.00 |
| 14. | Ståle Samuelson | 2:11:50.00 | |
| 15. | Åiving Kjellhov | Gjøvik C.K. | 2:15:36.00 |
| 16. | Tormod Sørhus | Follo Sykkeklubb | 2:16:35.00 |
| 17. | Carl Erik Semb | 2:17:52.00 | |
| 18. | Erik Liland | 2:17:52.00 | |
| " | Espen Christiansen | 2:19:15.00 | |
| 20. | Knut M. Ballangrud | Hero | 2:19:30.00 |
| 21. | Roger Amundsen | Kredittkassen | 2:21:23.00 |
| 22. | Einar Døssland | Stovnerkameratene | 2:22:23.00 |
| 23. | Øyvind Johnsen | 2:22:30.00 | |
| 24. | Sture Angelsen | Nittedal C.K. | 2:23:02.00 |
| 25. | Per Rune Larsson | Kredittkassen | 2:25:07.00 |
| 26. | Rolf Strand | Sørensen & Balchen | 2:25:28.00 |
| 27. | Roar Martinussen | 2:26:40.00 | |
| 28. | Jan Erik Myrvold | 2:27:30.00 | |
| 29. | Trond Hagen | 2:28:48.00 | |
| 30. | Jørn Wattenberg | 2:31:13.00 | |
| 31. | Bjørn Sandbak | Bjart | 2:33:15.00 |
| 32. | Dag-Otto Lauritzen | Gjåndal | 2:33:48.00 |
| 33. | Svein Killi | 2:36:33.00 | |
| 34. | Rolf E. Eidsvold | 2:36:33.00 | |
| " | Jan Halvorsrud | 2:36:33.00 | |
| 36. | Eivind Christiansen | Postgiro | 2:37:33.00 |
| 37. | Arne Instebø | A/S Sørensen & Bal | 2:38:02.00 |
| 38. | Reidar Kristiansen | 2:46:32.00 | |
| 39. | Gunnar Repshus | Dyvi Sport | 2:49:04.00 |
| 40. | Roar Valgermo | 2:50:52.00 | |
| 41. | Rolf Thomassen | 2:50:52.00 | |
| 43. | Øyvind Eriksen | RYE | 2:58:13.00 |
| 44. | Jon Bjørnlid | 2:59:56.00 | |
| 45. | John-Årild Wang | O.V.K. | 3:02:13.00 |
| 46. | Erik Pfister | Sønnico | 3:08:41.00 |
| se | M30-34 | | |
| 1. | Per O. Johnsen | Askim I.F. | 2:00:26.00 |
| 2. | Thor Engh | Hero | 2:01:06.00 |
| " | Steinar Forsmo | Hero | 2:01:06.00 |
| 4. | Thor Svendsen | Follo Sykkeklubb | 2:02:50.00 |
| 5. | Per Jorås | OSI | 2:06:06.00 |
| 6. | Oddvar Døssland | Scanvest | 2:06:45.00 |
| 7. | Tage Johnsen | Raufoss | 2:08:19.00 |
| 8. | Jan Aage Andersen | Raufoss | 2:09:04.00 |
| " | Olav Røise | RYE | 2:09:04.00 |
| 10. | Gunnar Gravalid | Asker C.K. | 2:10:18.00 |
| " | Thor Gunnar Bakke | Asker C.K. | 2:10:18.00 |
| 12. | Einar Lund | Askim I.F. | 2:11:06.00 |

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| " | Gunnar Sund | B.O.C. | 2:11:06.00 |
| 14. | Vegard Myhrvold | Raufoss | 2:11:18.00 |
| " | Terje Sørensen | Raufoss | 2:11:18.00 |
| " | Olav Røstad | Nittedal C.K. | 2:11:18.00 |
| 17. | Svein Lamo | Nittedal C.K. | 2:11:45.00 |
| " | Frøde Meiltoft | Ceres | 2:11:45.00 |
| 19. | Rolf Meak | An.Thorbjørnsen | 2:12:47.00 |
| 20. | Rolf Schjerve | RYE | 2:14:04.00 |
| 21. | Vidar Haga | Askim I.F. | 2:14:15.00 |
| 22. | Ivar Fjellmøy | Kredittkassen | 2:15:36.00 |
| 23. | Einar Veslerheim | Follo Sykkeklubb | 2:16:50.00 |
| 24. | Svein Sørensen | Follo Sykkeklubb | 2:17:30.00 |
| 25. | Pål Bergan | Follo Sykkeklubb | 2:17:30.00 |
| " | Ivar Ekanger | I.O.Steen | 2:17:47.00 |
| 27. | Gunnar Jansen | Hero | 2:19:38.00 |
| 28. | Stein Julner | Follo Sykkeklubb | 2:21:06.00 |
| 29. | Sven Ole Nøttveit | RYE | 2:21:23.00 |
| 30. | Laase Ralger | OPIL | 2:22:30.00 |
| " | Thorbjørn Rud | Biingsfoss | 2:22:50.00 |
| 32. | Kim Buringrud | Televerket | 2:24:53.00 |
| 33. | Kjell-Erik Algarr | Follo Sykkeklubb | 2:24:53.00 |
| 34. | Per Wernerson | 2:25:28.00 | |
| 35. | Jan Wold | Follo Sykkeklubb | 2:26:40.00 |
| 36. | Arne Berger | O.S.I. | 2:26:51.00 |
| 37. | Terje Flataukan | Fjellstrand | 2:31:40.00 |
| 38. | Ingar Wilhelmson | Ekornes B.I.L. | 2:31:52.00 |
| 39. | Helge Karlsson | RYE | 2:32:19.00 |
| 40. | Niels-Ivar Sørensen | B.O.C. | 2:33:15.00 |
| 41. | Erik Jakobsen | Lørenskog C.K. | 2:33:43.00 |
| 42. | Svein Mathiesen | Hero | 2:35:42.00 |
| 43. | Ole Kr. Hanshaugen | TE B.I.L. | 2:37:25.00 |
| 44. | Trond Tjørnby | 2:37:25.00 | |
| 45. | Hemming Larsen | B.O.Steen | 2:38:15.00 |
| 46. | Terje G. Andersen | 2:44:13.00 | |
| 47. | Knut R. Bjørke | 2:47:08.00 | |
| 48. | Åiving Wollan | 2:47:08.00 | |
| " | Håvard Hagen | 2:50:36.00 | |
| 50. | Stein Bråthen | O.V.K. | 2:55:53.00 |
| 51. | Arne J Hultberg | Fjellstrand | 2:56:34.00 |
| 52. | Johnny Jørgenvåg | O.V.K. | 2:57:45.00 |
| 53. | Tormod Bjørkås | Finstads Autoco A/ | 3:07:50.00 |
| " | Jørn Langbråten | Sønnico | 3:08:41.00 |
| 55. | Ole Norum | 2:10:44.00 | |
| 56. | Roger Brenna | 2:18:22.00 | |
| 57. | Truls Tollefsen | 2:00:26.00 | |
| 58. | Roy Hansen | 2:01:06.00 | |
| 59. | Terje Amundsen | 2:01:06.00 | |
| 60. | Tom Amundsen | 2:02:50.00 | |
| 61. | Ole Karlsen | | |
| 62. | Arne Aarhus | | |
| 63. | Årild Syvertsen | | |
| 64. | Lars Kristian Stive | | |
| Klasse | M35-39 | | |
| 1. | Roger Larsen | Nittedal S.K. | 2:00:26.00 |
| 2. | Svein Maassen | Hero | 2:01:06.00 |
| " | Jan Novotny | Hero | 2:01:06.00 |
| 4. | Terje Paulsen | Follo | 2:02:50.00 |

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|-----|---------------------|------------------|------------|
| 5. | Björn Tore Nysæter | Hero | 2:03:20.00 |
| 6. | Rolf Arne Eriksen | Hamar Sykehuss | 2:04:19.00 |
| 7. | Björn Hågensen | RYE | 2:06:45.00 |
| " | Tønnes Øre | RYE | 2:06:45.00 |
| " | Svein Hågensen | RYE | 2:06:45.00 |
| 11. | Torbjörn Öygård | RYE | 2:06:45.00 |
| 12. | Arne Evensen | B.O.C. | 2:07:30.00 |
| 13. | Tom Terje Johansen | Raufoss | 2:08:19.00 |
| " | Knut Aas | Sarpsborg S.K. | 2:09:27.00 |
| 15. | Ingvar Aandalen | Raufoss S.K. | 2:09:27.00 |
| 16. | Knut A. Olsen | Sarpsborg S.K. | 2:11:18.00 |
| 17. | Stig Øien | Ullensaker | 2:11:40.00 |
| " | Rolf R. Johansen | Reber Schindler | 2:11:45.00 |
| 20. | Terje Haraldsen | Hero | 2:11:45.00 |
| 21. | Björn Lauglo | Nittedal C.K. | 2:11:45.00 |
| 22. | Tor Arne Gabrielsen | Norcem | 2:11:50.00 |
| 23. | Ingvar Bergersen | B.O.Steen | 2:12:47.00 |
| 24. | Die Sandvik | | 2:14:04.00 |
| 25. | Svein Otto Ringnes | Nittedal C.K. | 2:14:46.00 |
| 26. | Fred Svendsen | | 2:14:56.00 |
| 28. | Yngvar Pedersen | Askim I.F. | 2:15:02.00 |
| 29. | Björn Einarssen | RYE | 2:15:02.00 |
| 30. | Jørgen Jacobsen | Jutul | 2:16:06.00 |
| " | Arne Johansen | | 2:16:35.00 |
| 32. | Die Jonny Karlstad | Dnc | 2:16:45.00 |
| 33. | Knut Strömve | Sverre | 2:16:50.00 |
| 34. | Odd Svenkerud | Follo Sykkeklubb | 2:17:30.00 |
| 35. | Roy Olsen | L.C.K. | 2:17:30.00 |
| 36. | Sigvart Knutsen | Follo Sykkeklubb | 2:19:43.00 |
| " | Morten Ralger | RYE | 2:21:06.00 |
| " | Per Kr. Engbretsen | RYE | 2:21:23.00 |
| " | Rolf Holm | RYE | 2:22:19.00 |
| 39. | Petter Kraft | Kredittkassen | 2:22:19.00 |
| " | Leif Godager | Kredittkassen | 2:22:50.00 |
| " | Øivind Enger | Kredittkassen | 2:22:50.00 |
| 42. | Knut Eilerksen | Kredittkassen | 2:22:50.00 |
| 43. | Björn Lyseggen | Eksporfinsans | 2:23:02.00 |
| 44. | Jardar Frantzen | | 2:24:08.00 |
| 45. | Reidar Strömsoe | Hero | 2:24:43.00 |
| 46. | Ulf Bjerklund | RYE | 2:25:07.00 |
| 47. | Sven Erik Otten | Ringnes | 2:25:30.00 |
| 48. | Erik S. Steffensen | Glilde B.I.L. | 2:26:14.00 |
| 49. | Leif R. Bjørneseth | RYE | 2:27:50.00 |
| 50. | Ottar Friborg | Raufoss | 2:28:01.00 |
| 51. | Kai N. Andersen | Follo Sykkeklubb | 2:28:08.00 |
| 52. | Knut E. Fjulsrud | L.C.K. | 2:29:29.00 |
| 53. | Tor Bråten | Sagene | 2:30:04.00 |
| 54. | Knut Andersen | | 2:31:06.00 |
| 55. | Rune Svendsberget | | 2:31:45.00 |
| 56. | Roy Guldrandsen | | 2:32:24.00 |
| 57. | Svein Lehne | O.V.K. | 2:32:31.00 |
| 58. | Leif Schiødt | Jutul | 2:33:10.00 |
| 59. | Svein Ola Hode | | 2:36:53.00 |
| 60. | Terje Lang | RYE | 2:38:15.00 |
| 61. | Arvid Rodsand | | 2:38:36.00 |
| 62. | Thor Simonsen | | 2:38:47.00 |
| 63. | Kjell Johansen | Grand Hotel | 2:38:59.00 |

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| 64. | Rune Johansen | O.V.K. | 2:40:01.00 |
| 65. | John Kjøss | O.V.K. | 2:40:03.00 |
| 66. | Jan F. Kristiansen | O.V.K. | 2:40:31.00 |
| 67. | Ove Ødegård | Ragnar Evensen A/S | 2:41:39.00 |
| 68. | Tom Weinhoidt | Bingsfoss S.K. | 2:41:51.00 |
| 69. | Egil Bøe | Skiptvedt | 2:42:39.00 |
| 70. | Kjell Larsen | Progress | 2:42:53.00 |
| 71. | Per Andersen | Glilde B.I.L. | 2:44:25.00 |
| 72. | Jan Guldrandsen | Hotel Scandinavia | 2:45:15.00 |
| 73. | Sture Frits | Stal & Still | 2:45:24.00 |
| 74. | Roar Leirvik | Progress | 2:46:53.00 |
| 75. | Ingvar Andersen | | 2:48:05.00 |
| 76. | Terje Bolt Hansen | Follo | 2:51:01.00 |
| 77. | Kjell Jansen | Marlakam | 2:53:28.00 |
| 78. | Roar Gunnar Johan | Bingsfoss | 2:55:29.00 |
| 79. | Odd Lund | | 2:55:56.00 |
| 80. | Kurt Brotke | An. Thorbjørnsen & Gref | 3:02:27.00 |
| 81. | Steve Kvarme | | 3:03:59.00 |
| 82. | Tom Erik Simonsen | | 3:06:58.00 |
| 83. | Odd Kristoffersen | Kredittkassen | 3:09:20.00 |
| 84. | Tom Angeli | | 3:09:51.00 |
| 85. | Tor Pedersen | | 3:11:21.00 |
| 86. | Øivind Haug | | 3:11:21.00 |
| 87. | Svein Larsen | | 3:12:49.00 |
| 88. | Jon Bekkensten | O.V.K. | 3:40:38.00 |

Klasse M40-44

| | | | |
|-----|--------------------|-----------------------|------------|
| 1. | Jan Grjinstad | Hero | 2:01:06.00 |
| " | Kjell Winger | Hero | 2:01:06.00 |
| " | Kåre Gjoslie | Hero | 2:01:06.00 |
| " | Knut Cocozza | Hero | 2:01:06.00 |
| " | Olav Tyrhaug | Hero | 2:01:06.00 |
| " | Øystein Rohloff | Hero | 2:01:06.00 |
| " | Viggo Christensen | Hero | 2:01:06.00 |
| 8. | Björn Norheim | Hero | 2:01:06.00 |
| " | Runar Odden | Drammen C.K. | 2:06:45.00 |
| " | Per Reklingsholmen | RYE | 2:06:45.00 |
| " | Terje Haugen | Bingsfoss S.K. | 2:07:55.00 |
| 12. | John Bringelli | B.O.C. | 2:07:55.00 |
| " | Jan Johannessen | Sarpsborg S.K. | 2:09:54.00 |
| 14. | Arne Ringsrød | RYE | 2:11:45.00 |
| 15. | Tor Myrseth | Nittedal C.K. | 2:11:45.00 |
| " | Asbjörn Møllgaard | An.Thorbjørnsen & RYE | 2:11:50.00 |
| 17. | Odd Havard Østmo | RYE | 2:14:04.00 |
| 18. | Sverre Hollie | RYE | 2:14:46.00 |
| 19. | Arild Pedersen | RYE | 2:16:06.00 |
| 20. | William Hagen | Askim I.F. | 2:16:06.00 |
| " | Gunnar Saugstad | Follo Sykkeklubb | 2:17:30.00 |
| 22. | Ragnar Eriksen | Follo | 2:17:30.00 |
| " | Sisle Bjørnegård | Hero | 2:21:45.00 |
| 24. | Knut Josefsen | Hero | 2:22:19.00 |
| 25. | Per Knutsen | Aftenpostens B.I.L | 2:22:19.00 |
| " | Per Derbakk | Hjemmet B.I.L. | 2:23:02.00 |
| 27. | Svein Osver | Hero | 2:24:55.00 |
| 28. | Egil Bråten | Hero | 2:26:06.00 |
| 29. | Øivind Mathisen | Aftenposten B.I.L. | 2:27:22.00 |
| 30. | Per Anker Andersen | | 2:27:22.00 |
| " | Jan H. Nordby | | 2:27:22.00 |

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| 32. Ole Lyder Andersen | Nittedal C.K. | 2:27:30.00 |
| 33. Tore Ulverud | An.Thorbjørnsen & FBK | 2:27:36.00 |
| 34. Tor Klette Erikson | | 2:28:01.00 |
| " Harald Maek | | 2:28:01.00 |
| 36. Arild Eikum | Frøy | 2:28:02.00 |
| 37. Arvid Bjørneklett | | 2:31:06.00 |
| 38. Trond Høvik | | 2:31:13.00 |
| 39. Jan Onstad | Grand Hotel | 2:31:42.00 |
| 40. Jann Prøven | U.S.K. | 2:31:45.00 |
| 41. Harald Kolstad | Jutul | 2:36:53.00 |
| 42. Kjell Schau | Herø | 2:38:30.00 |
| 43. Tom Kristiansen | Ostlo Br.veesen | 2:39:00.00 |
| 44. Reidar Høgesth | Eidsvoll S.K. | 2:39:20.00 |
| 45. Svein Kristoffersen | Frøy | 2:40:40.00 |
| 46. G. Skogen | Ormsund Rokklubb | 2:40:47.00 |
| 47. Tor Håkensen | Progress | 2:44:25.00 |
| 48. Ivar Engen | O.V.K. | 2:44:57.00 |
| 49. Bjørn Solberg | | 2:46:24.00 |
| " Per Isaksen | | 2:46:24.00 |
| 51. Arntfinn Eid | | 2:46:24.00 |
| " Per Christensen | | 2:46:42.00 |
| 53. Stein Lysaker | Merkanthildata | 2:46:45.00 |
| 54. Arve Fredriksen | L.C.K. | 2:46:57.00 |
| 55. Egil Larsen | Askim I.F. | 2:53:24.00 |
| " Per Bø | | 2:53:24.00 |
| 57. Frode Røtterud | Askim I.F. | 2:53:32.00 |
| 58. Jon Gudmundsen | Freia | 2:54:01.00 |
| 59. Otto Johannsen | Follo Sykkeklubb | 2:54:43.00 |
| 60. Ville Tangen | RYE | 2:55:20.00 |
| 61. Agnar Støverud | RYE | 2:55:38.00 |
| 62. Svein Tollefsen | O.V.K. | 2:57:45.00 |
| 63. Kjell Lian | Lier | 3:09:30.00 |
| 64. Jan Klausen | Aftenposten B.I.L. | 3:18:42.00 |
| 65. Bjørn Solberg | | 3:41:29.00 |

Klasse M45-49

| | | |
|---------------------------|------------------|------------|
| 1. Leif Wilskog | Nittedal C.K. | 2:00:26.00 |
| 2. Ole Martinsen | Herø | 2:01:05.00 |
| " Birger Ledang | L.C.K. | 2:01:06.00 |
| 4. Kjell Erik Arnold | RYE | 2:05:26.00 |
| 5. Johan Martinsen | Herø | 2:06:13.00 |
| 6. Knut Sandell | RYE | 2:06:45.00 |
| 7. Gunnar Ellefsen | Follo Sykkeklubb | 2:08:02.00 |
| 8. Fredrik Leibrantz | Herø | 2:10:27.00 |
| 9. Ibrahim Tahir | Nittedal C.K. | 2:11:45.00 |
| " Torodd Dahl | | 2:11:45.00 |
| " Terje Selvik | Nittedal C.K. | 2:11:45.00 |
| 12. Arild Asbjørnsen | | 2:14:46.00 |
| 13. Arve Brevik | RYE | 2:21:23.00 |
| 14. Svein Kristiansen | Herø | 2:21:40.00 |
| 15. Gunnar Kullerud | Aspaas | 2:22:25.00 |
| 16. Per Arne Føyn | Herø | 2:29:01.00 |
| 17. Knut Vikvam | Nittedal C.K. | 2:31:06.00 |
| 18. Hans-Petter Bergersen | B.O.Steen | 2:32:30.00 |
| " Gunnar Corneliusen | B.O.Steen | 2:32:30.00 |
| 20. Ola Olsen | Ceres | 2:36:06.00 |
| 21. Roald Jormonen | | 2:36:58.00 |
| 22. Rolf Fatland | Frøy | 2:38:37.00 |

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| 23. Willy Marken | Kredittkassen | 2:43:02.00 |
| 24. Leif Sollin | | 2:46:40.00 |
| 25. Svein Granne | Stål & Stål | 2:46:53.00 |
| 26. Rolf Thømt | | 2:53:15.00 |
| 27. Leif Jansen | | 2:59:00.00 |
| 28. Tore Espung | Gilde B.I.L. | 3:15:49.00 |
| 29. Age Johansen | O.V.K. | 3:40:38.00 |

Klasse M50-54

| | | |
|--------------------------|--------------------|------------|
| 1. Kjell Eugen Hansen | Follo Sykkeklubb | 2:15:11.00 |
| 2. Frank Ihlen | | 2:17:30.00 |
| 3. Hans Rostad | Rikshospitalets B. | 2:19:50.00 |
| 4. Per Lars Brøndvang | | 2:21:23.00 |
| 5. Ørnulf Pedersen | Frøy | 2:22:50.00 |
| 6. Magne Aaronsen | Brevpost | 2:22:59.00 |
| 7. Arne Ruud | RYE | 2:25:30.00 |
| 8. Bjørn Ørviim | | 2:30:37.00 |
| 9. Erik Nilsen | Ceres | 2:45:37.00 |
| 10. Erling Utseth | O.V.K. | 2:48:11.00 |
| 11. Terje Normann Holthe | | 3:26:29.00 |

Klasse M55-59

| | | |
|----------------------|------------------|------------|
| 1. Arild Andersen | B.O.C. | 2:15:11.00 |
| 2. Torolf Amundsen | Follo Sykkeklubb | 2:17:30.00 |
| " Odd Myhre | Follo Sykkeklubb | 2:17:30.00 |
| 4. Karl-Anders Hovde | B.O.C. | 2:31:50.00 |
| 5. Kjell Hovind | | 2:53:55.00 |

Klasse M60-64

| | | |
|----------------------|------------------|------------|
| 1. Harald Baklid | Follo Sykkeklubb | 2:43:32.00 |
| 2. Erik Gjems-Onstad | RYE | 2:53:15.00 |

Klasse M65-69

| | | |
|------------------------|-------------|------------|
| 1. Willy Lorentzen | Bøkkelaget | 2:25:16.00 |
| 2. Erling Ekstrøm | Stål & Stål | 2:46:53.00 |
| 3. Asbjørn Kristiansen | B.O.C. | 3:54:45.00 |

Klasse M?????

| | | |
|-----------------------|--|------------|
| 1. Ole Kjell Talberg | | 2:10:26.00 |
| 2. Ivar Bakke | | 2:39:31.00 |
| 3. Jan Erik Trondskar | | 2:42:21.00 |
| " Hjøril-Arvid Hernan | | 2:42:21.00 |
| 5. Finn Ommundsen | | 2:53:24.00 |

Klasse Tandem

| | | |
|---------------------------|--------|------------|
| 1. Kjell & Egil Nordrhaug | B.O.C. | 2:31:35.00 |
|---------------------------|--------|------------|